Shaping Our Children’s Lives Through Music Engagement

Music and the Mind brings together some of today’s most innovative artists and leading neuroscientists to explore connections between music, rhythm, and brain development. Join us for performances, discussions, and workshops for you and your family to learn, play, and interact!

Friday, September 7, 2018 in the Concert Hall

Say It With Rhythm!
A Performance Demo with Dr. Nina Kraus featuring Mickey Hart and Zakir Hussain
11 a.m.

Take Note! Why Music Education Matters
A Panel Discussion Moderated by Renée Fleming
2 p.m.

Learning and Bonding to the Beat: Optimizing Your Child’s Development with Dr. Laurel Trainor and Special Guests
4:30 p.m.

The Art of the Spark: Musical Creativity Explored with Dr. Charles Limb and Special Guests
8 p.m.

Saturday, September 8, 2018 in the Terrace Theater

FREE EVENTS: Saturday, September 8, 2018

Second Saturdays in the Atrium
Family workshops for parents and their children of all ages!
9:30 a.m. led by Arts on the Horizon (ages 0–2)
11:30 a.m. led by Wolf Trap (ages 2–6)
2 p.m. led by Sitar Arts Center (ages 6–9)
4 p.m. led by Step Afrika! (age 9 and up)
First come, first served. Advance sign-up available online.

Interactive Rhythm Experience with Mickey Hart
A Millennium Stage Event
A thrilling drum rhythm journey with call-and-response games and a lively performance and demonstration. 6 p.m.

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